

La Crosse County Falls Prevention Coalition Meeting – 11/30/2016

- Present: Pintz, Breen, Pierce, Thiel, Branson, Mears, Templeton, Jackson, Bryant, White
- We almost contacted the local meteorologist because of the severe intensity of our brainstorming:
  - Could our community offer home visits (by trained staff, volunteers, students) to fallers referred by:
    - Tri-State ambulance, where RNs do a phone follow-up to people assisted by Tri-State and who have consented to have their fall recorded in their medical records.
    - Epic medical records of both hospitals of people who confirmed they fell during the past year at their Annual Medicare Wellness Visit.
    - Fire and Police who assist older folks
    - Collaborating with Home Care agencies, OTs, PTs, Eye Doctors, Caregivers, etc. to identify older people receptive to a home visit/home safety check.
  - Can we implement a plan to educate patients and community members prior to a fall with specific strategies for targeted audiences (e.g. caregivers, adult children of older people, Strong Seniors, Swing into Shape, Tai Chi, Yoga, PTs, OTs, pharmacists, etc.)
  - Should we pilot an educational project (with prizes and giveaways) in a local store/e.g. grocery, pharmacy, medical equipment) where people would stop at multiple locations in the store to learn more about strength and balance exercises, home fall hazards, medication management, etc.
  - How will we grow Fall Prevention Awareness Day during 2017?
  - How can we enhance [www.lacrossestopfalls.org](http://www.lacrossestopfalls.org) website

Maybe incorporate short educational videos on falls prevention to show in medical waiting rooms, pharmacies, service centers

- Additional copies of the 2<sup>nd</sup> edition of the La Crosse County Falls Prevention Resource Guide are still available. Contact Sue Betz (608-789-8573) or Larry White (608-783-6969) for prompt, friendly delivery.
- **There will be NO MEETING in DECEMBER**

Next Meeting:

Wed, January 25, 2017  
1:01pm lower level conf. room  
First Presbyterian Church  
233 West Ave, La Crosse