

Falls Prevention Coalition Meeting – October 28, 2015

Present: Stapleton, Schertz, Britain, Lindahl, Kane, Betz, Bateman, Straker, White

Group reflected on history of this Coalition:

- Started Feb. 24, 2010
- Developed and maintain website www.lacrossestopfalls.org
- Designed, developed, distributed 4,000 Falls Prevention Magnets to all First Responders, Tri-State Ambulance drivers, and Fire and Police Depts.
- Distributed additional 4,000 Falls Prevention Magnets to older adults and caregivers in La Crosse County. Designed, developed, distributed 7,000 La Crosse County Falls Prevention Resource Guides to health care providers, community agencies, caregivers, emergency response providers, etc.
- Implemented “Remembering When” a Fire and Fall Prevention Program of the National Fire Protection Association
- Presented nearly 40 Stepping On classes to over 400 Seniors.
- Spoke to over 2,000 Seniors on falls prevention
- Presented “Stand Strong for Life” to over 100 Seniors.
- Plan, promote, present annual Falls Prevention Awareness Day program.
- Brought “Expanding the Role of the Community Pharmacist in Falls Prevention Program” to La Crosse County
- Track Tri-State ambulance pilot program following up on older fallers who sign an electronic signature pad notifying medical facilities of their fall
- Will start Tai Chi Fundamental program in 2016

Possible activities for 2016

- How to coordinate the scheduling of Stepping On, Strong Seniors, Tai Chi, etc. classes to promote all classes, avoid scheduling conflicts, and make it easier for Seniors to enroll
- Develop outreach plan to inform more Seniors about existing programs
- Better promote www.lacrossestopfalls.org
- Develop local PSA on falls prevention
- Re-print and distribute additional La Crosse County Falls Prevention Resource Guides
- Pursue partnerships with doctors, pharmacists, first responders and emergency response systems
- Invent new falls prevention programs
- Research and develop home-safety check program with P.T. students
- Expand fall risk assessments
- What resources do we need to operate in 2016?

Next meeting **NOTE CHANGES**

Wednesday, December 2, 2015 -1:01 pm

Health Science Center, Room 3076

1300 Badger St., La Crosse