

Falls Prevention Coalition Meeting – September 30, 2015

- Present: Schertz, Lindahl, Thiel, Kane, Bateman, Bryant, Stahl, Home Instead, Brose, White
- The Falls Prevention Awareness Day was very successful with nearly 50 attendees and 25 agency representatives. Suggestions for next year include: purchase space to promote this event in the La Crosse Tribune, get Falls Prevention Coalition members to promote through their various agencies, integrate more dialogue between vendors and attendees so people don't have to sit so long, keep the topics the same, ask PT students to do fall risk assessments, put the pictures taken at this event on the website, figure out if PT students could do home safety checks for people who want them.
- Gundersen Health System started a Stepping On class on Sept. 23, and the Mayo Health System will start a Stepping On class at one of their facilities on Oct. 12. Strong Seniors will be starting their fall schedule of classes soon. This spring, students need to be recruited for the initial Tai Chi classes who have not previously taken Strong Seniors or Stepping On. This led to a discussion of how Coalition members could coordinate the scheduling of all these classes to avoid scheduling conflicts, to promote all the programs simultaneously, and make it easier for older people to sign up for them. This will be our top priority for 2016.
- The Coalition should clarify the relationship of the Falls Prevention Coalition with the La Crosse County Aging Unit after recent changes there. The C.A.U. has been responsible for the development and updating of the www.lacrossestopfalls.org website, the publication of 7,000 Falls Prevention Resource Guides, the storage of all Stepping On display boards and equipment, data collection and reporting to WIHA, setting agenda and taking minutes at monthly Falls Prevention Coalition meetings, etc.
- The Falls Prevention Coalition will distribute La Crosse County Falls Prevention Resource Guides on Oct. 10 at the annual Safety Fair at the Onalaska Fire Department.
- The next meeting of the La Crosse County Falls Prevention Coalition:
 - Wed., Oct. 28, 2015 at 1:01 pm
 - Health Science Center, Room 2076
 - 1300 Badger St., La Crosse