

La Crosse County Falls Prevention Coalition Meeting – Sept 27, 2017

Present: Bateman, Brose, Lindahl, Page-Smith, Pintz, Schertz, Weber, White

There was much positive feedback from 9/22 Falls Prevention Awareness Day. Over 60 older people attended along with 28 community safety and health professionals. All the community resource agencies were well received with much interest and many questions. The presenters were excellent and received many compliments. The attendees really appreciated the fall-risk, bone-density, and blood pressure screening. Because of this strong interest in these screening, this Coalition should develop a plan to bring them more often into the community.

Gundersen Health System started a Stepping On class 9/26/17 at the YMCA. There were enough people at the Falls Prevention Awareness Day interested to start a second Stepping On class 11/3/17 at the First Presbyterian Church. There is still room for a few more students. Please refer interested people to Sue Betz (789-8573) or Larry White (783-6969).

The group discussed possible activities for 2017-2018. *(See attachment)*

We should recruit some marketing students at Viterbo, UW-L, and WTC to update and improve our website www.lacrossestopfalls.org - especially in promoting all the balance, strength, exercises, tai chi, and health screenings in the community.

WIHA has released a new 3-minute video promoting Stepping On *(see attachment)*

**NEW
MEETING
PLACE**

Next Meeting:

**Wednesday, Oct 25, 2017 at 1:01pm
La Crosse County Administrative Center
Room 1107
212 6th St N, La Crosse**

**NOTE
CHANGE OF
LOCATION**

AGENDA

How, Where, When to expand Fall-Risk Screening, Bone-Density Screening, and other screening into the community.

Prioritize activities for 2018

3 attachments