

## Falls Prevention Coalition Meeting 8/31/2106

1. Present: Davorak, Thiel, Branson, Schertz, Murphy, Betz, Brose, Kuennan plus intern Kane plus intern, Pintz, Brezinka, Lindahl, Bateman, White
2. Gundersen will start Stepping On class on Sept. 21, at YMCA.
3. Bethany St. Joseph Corporation would like to host a Stepping On class at their Senior Services in W. Salem
4. The Presbyterian Church would like to offer a Stepping On class annually.
5. Please contact Sue Betz (608-789-8573) or Larry White (608-783-6969) to order delivery of the 2<sup>nd</sup> Edition of the La Crosse County Falls Prevention Resource Guide to your agency. A distribution list was circulated at the meeting today.
6. Everyone is encouraged to promote the 4<sup>th</sup> Annual Falls Prevention Awareness Day from 12:45–3:00pm at the First Presbyterian Church in La Crosse. *Flyer is attached.* Please feel free to print and promote.
7. This Coalition started Feb. 24, 2010 and has:
  - Initiated a website [www.lacrossestopfalls.org](http://www.lacrossestopfalls.org)
  - Designed, developed, distributed 4,000 Falls Prevention magnets to all First Responders, Tri-State Ambulance drivers, Fire and Police Depts.
  - Distributed an additional 4,000 Falls Prevention magnets to older adults and caregivers in La Crosse County
  - Developed and distributed 7,000 La Crosse County Falls Prevention Resource Guides to health care providers, community agencies, caregivers, emergency response providers, etc.
  - Presented nearly 50 Stepping On classes to over 500 older adults
  - Hosted annual Falls Prevention Awareness Day
8. Activities for 2017:
  - Improve website to:
    - Promote fall prevention information
    - Promote fall prevention educational programs and resource
    - Collect and report local data on falls in La Crosse County
    - Coordinate the scheduling of Stepping , Strong Seniors, Tai-Chi classes to promote all classes, avoid scheduling conflicts, and make it easier for people to enroll
  - Distribute an additional 5,500 La Crosse County Falls Prevention Resource Guides
  - Develop local PSA on falls prevention
  - Promote falls prevention on facebook
  - Research and develop home-safety check program with P.T. students
  - Offer/expand fall risk assessments
  - Pursue partnerships with doctors, pharmacists, first responders, and emergency response systems

### **NOTE CHANGE OF MEETING LOCATION**

Next meeting: Wed, Sept. 28, 2016 1:01pm  
First Presbyterian Church, Lower level conference room  
233 West Ave S, La Crosse, WI