

## Falls Prevention Coalition Meeting – 5/31/17

Present: Branson, Thiel, Murphy, Brose, Schertz, Anderson, Miller, Bateman, Eiken, White

### Possible screenings to offer at Falls Prevention Awareness Day

- Fall – Risk Assessment
- Balance
- Vision
- Hearing
- Bone Density
- Blood pressure

### Possible demonstrations to offer at Falls Prevention Awareness Day

- How to get up from a fall
- Assistive devices
- Personal emergency response system
- Knox Box
- How Fire Department and Tri-State Ambulance assists older fallers

### Possible presentations to offer at Falls Presentation Awareness Day

- Balancing Aging and Falls
- I've fallen and I can get up
- Medications and Falls
- How to live at home longer and safely
- Strength and balance exercises and resources (Strong Seniors, Stepping On, Tai Chi, etc.)

### Possible Community Resources to offer at Falls Prevention Awareness Day

- Aging & Disability Resource Center
- City of La Crosse Fire Dept.
- Community Link
- Gundersen Health System
- Home safety Innovation
- Independent Living Resources
- La Crosse County Falls Prevention Coalition
- La Crosse County Health Dept.
- Mayo Health System
- Tri-State Ambulance

### **NEXT MEETING**

**Last Wed, June 28, 2017 1:01 pm**  
**Lower level conf. room**  
**Presbyterian Church**  
**233 West Ave, La Crosse**

### **AGENDA**

**Confirm date, time, and logistics for Falls**  
**Prevention Awareness Day**  
**Finalize plans for Falls Prevention Awareness Day**  
**Plans to promote Falls Prevention Awareness Day**