

## Falls Prevention Coalition Meeting – February 25, 2015

- ❖ Present: Stapleton, Holmes, Betz, Brose, Locy, White, and three UW-L students
  
- ❖ Group spent entire meeting going through the Winnebago County Fall Prevention Resource Guide with suggestions to modify it for La Crosse County. Suggestions include:
  - more promotion of our website [www.lacrossestopfalls.org](http://www.lacrossestopfalls.org)
  - More promotion of Stepping On
  - More promotion of Falls Prevention Awareness Week
  - More promotion of strength and Balance Program
    - Stepping On
    - Strong Seniors
    - Moving for Better Balance
    - Walk Strong, Walk Tall
    - Tai Chi
    - Park and Rec Program
  - More promotion of How to Prevent Fires and Falls Program
  - Everything in Resource Guide will be updated regularly at [www.lacrossestopfalls.org](http://www.lacrossestopfalls.org)
  
- ❖ County Aging Unit plans to start Stepping On class at the Presbyterian Church, Mon. March 23, and Gundersen plans to start a Stepping On class at Onalaska Clinic on Wed, March 18.
  
- ❖ Tri-State Ambulance reported that 14% of all their calls are from people who fell. Recently 2 RNs at Gundersen are doing follow up calls to older people who fell and signed the third party release allowing Tri-State to notify their health care provider of their fall.
  
- ❖ Next meeting     ***Wed, March 25, 2015***  
                          ***Room 2076, at 1:01pm***  
                          ***Health Science Center***  
                          ***1300 Badger St. La Crosse, WI***

### AGENDA

**Review/update proposed change to Fall Prevention Resource Guide**