

**January 30, 2014      Falls Prevention Coalition Meeting**

The first day of fall is Monday, 9/22/2014. That day will be designated Falls Prevention Day. Falls Prevention week, it was suggested, should be Monday, Tuesday & Wednesday that same week, 9/22, 23 & 24. Oktoberfest begins on Thursday, 9/25 so we don't want to compete with that but do want to create marketing materials to capitalize on Oktoberfest. A Community Resource Night will be planned for Wednesday, 9/24 with Black River Beach House suggested as a location that could include outdoor education about Emergency Response/Ambulance use.

Suggestions for events/presentations for Falls Prevention Week:

- Strong Seniors (Possibly Gwen Straker)
- Medications & Falls (Cass Street Pharmacy)
- Stepping On (Kim Lombard)
- Home Safety (Louise/Brightstar)
- Vision & Falls
- "I have fallen and I CAN get up"
- John Greany's student presentations
- John Greany's Propensity to Fall Assessment
- POAs, Finance & Healthcare "Respecting Choices"
- Tai Chi
- YMCA Programs for seniors

Please email any additional suggestions to Noreen so she can add them to the list. Individual presentations can be repeated.

Suggestions to get the word out:

Summerfest, Shopko Senior Discount Day – Wednesdays, Library Mondays on Main, Radio & TV spots, Medical Monday, Wellness Expo @ the Mall August 8, YMCA, please feel free to suggest others.